

# Vocal Gym Notizbuch

<i>Datum</i>	<i>Übung</i>	<i>Veränderung</i>	<i>7DS</i>							<i>Zeit</i>
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	
			F	B	I	R	T	A	S	

Abkürzungen für die 7DS: F = Flexibilität, B = Atmung, I = intonation, R = Stimmumfang, T = Ton, A = Artikulation, S = Kraft